

BRCs Menu November 2023

*This year you may order or cancel a lunch online until 7am each day at myschoolaccount.com

Lunches are \$6.00

	Monday	Tuesday	Wednesday	Thursday	Friday
October 30th - November 3rd	Baked Potato, Butter, sour cream, cheddar cheese, served with Chili or Chicken Noodle Soup and Raw Veggies	Chicken & Cheese Quesadilla, Cheese Quesadilla, For MS: BBQ Ranch Chicken Cheese Quesadilla Steamed Rice, Corn	French Toast Sticks, Tater Tots Sausage Links Yogurt 6-12 Option: Chopped Tender Sub with Chips	Boca Lead / Lunch down Crispy Chicken Patty Chips, Raw Vegetables	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
November 6th - 10th	Cheese Ravioli with Marinara Sauce or Plain Pasta, Broccoli, Dinner Roll	Chicken Tenders Macaroni and Cheese String Beans "Ex Tender" meal for heartier appetites available.	Chopped Chicken Bowl With White Rice, Corn, Black Beans (Cheese & Salsa) CHICKEN BOWL SALAD today	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots	Lunch downstairs Chicken Nuggets Tater Tots Vegetable
November 13th - 17th	Grilled Cheese Sandwich with Tomato Soup or Chicken Noodle Soup , Raw Carrots and Cucumber slices	Rotini Pasta with Meat Sauce or Plain Pasta, Broccoli Roll	Breaded Chicken Stir Fried Rice Asian Vegetables Duck sauce on side	Hamburger, Cheeseburger, Veggie Burger, Let and tomato on side Tater Tots, Raw baby carrots and cherry tomatoes	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
November 20th - 24th	Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving
November 27th - Dec 1st	Beef Tacos on Flour Tortillas, Steamed Yellow Rice, Corn *EXTRA Taco Meal (3) For heartier appetites	All Beef Hot Dog Tater Tots Vegetable Water Melon	Spaghetti with Marinara Sauce and Meatballs, or Vegetarian Meatballs , Plain Pasta, Carrots, Roll	Popcorn Chicken Mashed Potatoes, Gravy, Peas and Carrots	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots

Students who arrive without a lunch ordered will be served a cheese sub or a Sunbutter and Jelly Sandwich lunch with drink, fruit and dessert. Your students account will be charged, please watch for activity in your child's account.

Lunch Options:

SunButter or SunButter and jelly Sandwiches (Safe for those with peanut and tree nut allergies)

Sub Sandwiches: Choice of: Turkey, Turkey and Cheese, Ham, Ham and Cheese, or Cheese, served on a sub roll, lettuce on side.

Turkey Bacon Wrap, Chicken Caesar Wrap or Chicken Ranch Wrap: lettuce, chicken, cheddar and ranch.

Sandwiches served with chips.

Chicken Caesar Salad: romaine, grated cheese, grilled sliced chicken, croutons and Caesar dressing on the side.

Garden Salad: romaine, grated carrot, tomato and cucumber. Grilled diced chicken or garbanzo beans on the side.

Greek Salad: romaine, cucumber, olives, tomato and feta. Diced chicken on side

Salads served with fruit and a drink.

Veggie Burger: Served with chips daily. On "burger day", served with same sides.

Yogurt Lunch: Yoplait yogurt, blueberry muffin, fresh fruit, raw veggies

Fresh whole fruit offered each day. Beverages served include: Low Fat Milk, Choc Milk, Water and 100% Apple Juice.

Grades 2-8 only: After lunch snacks, cash only: Water, cookies, ice cream,

Fresh baked Chocolate Chip Cookies available

If your child will be absent, you can cancel orders from your account up until 7am. Go to "Pre Orders", then to "Recent Orders in your account, a list of lunches will appear. Choose the lunch to cancel and the option to void is on the right side. Or email me before 8am to cancel a lunch for that day at brcsdaidonedining@gmail.com