

BRCS Menu March 2023

Lunches may be ordered online up until midnight the day before at myschoolaccount.com

Email before 8am to cancel a lunch for that day (no lunch orders accepted by email) brcsdaidinedining@gmail.com

	Monday	Tuesday	Wednesday	Thursday	Friday
March 6th – 10th	Beef Lasagna, Or Plain Pasta, Caesar Salad, or Cucumber Coins Dinner Roll	Chopped Chicken Bowl With White Rice, Corn, Black Beans (Cheese & Salsa) CHICKEN BOWL SALAD today	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots	Boca Lead/ lunch down Chicken Filet Sandwich Chips, Raw Vegetables	Early release
March 13th – 17th	Popcorn Chicken. Mashed Potatoes, Peas and Carrots Grades 6-12: BBQ Chicken Mashed potatoes Cornbread	Hamburger, Cheeseburger, Veggie Burger, Let and tomato on side Tater Tots, Raw baby carrots and cherry tomatoes	Rotini Pasta with Meat Sauce or Plain Pasta, Broccoli Garlic Bread	Beef Tacos on Flour Tortillas, Steamed Yellow Rice Corn Taco Salad today	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
March 20th – 24th	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
March 27th – 31st	Chicken Nuggets Tater Tots Roasted Ranch Carrots.	Pasta with Alfredo Sauce with Chicken Meatballs, or Veggie Meatballs , Plain Pasta, Peas and Carrots, Dinner Roll	Chicken & Cheese Quesadilla, Steamed White Rice, Corn (Cheese & Salsa) BBQ Ranch Chicken and Cheese Quesadilla	Grilled Cheese Sandwich,, Tomato Soup Order with Soup or Chili. Raw Carrots and Cucumber Coins	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots

Lunch Options:

SunButter or SunButter and jelly Sandwiches (Safe for those with peanut and tree nut allergies)

Sub Sandwiches: Choice of: Turkey, Turkey and Cheese, Ham, Ham and Cheese, or Cheese, served on a sub roll with lettuce.

Chicken Caesar Wrap

Chicken Ranch Wrap: with lettuce, chicken, cheddar and ranch.

Turkey Bacon Wrap: with lettuce and ranch

Sandwiches served with chips.

Chicken Caesar Salad: romaine, grated cheese, grilled sliced chicken, croutons and Caesar dressing on the side.

Garden Salad: romaine, grated carrot, tomato and cucumber. Grilled diced chicken or garbanzo beans on the side.

Greek Salad: romaine, cucumber, olives, tomato and feta. Diced chicken on side

Salads served with fruit and a drink.

Veggie Burger: Served with chips daily. On “burger day”, served with same sides.

Yogurt Lunch: Yoplait yogurt, blueberry muffin, fresh fruit, raw veggies

Fresh whole fruit offered each day. Beverages served include: Low Fat Milk, Choc Milk, Water and 100% Apple Juice.

Grades 2-8 only: After lunch snacks, cash only: Water, cookies, ice cream cones, bars and cups

Fresh baked Chocolate Chip Cookies available