

# BRCS Menu February 2023

Lunches may be ordered online up until midnight the day before at [myschoolaccount.com](http://myschoolaccount.com)

Email before 8am to cancel a lunch for that day (no lunch orders accepted by email) [brcsdaidinedining@gmail.com](mailto:brcsdaidinedining@gmail.com)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>February 6<sup>th</sup> - 10<sup>th</sup></b>	Chicken Nuggets Tater Tots Roasted Ranch Carrots.	Chicken & Cheese Quesadilla, Steamed White Rice, Corn (Cheese & Salsa) <b>NEW: Try the BBQ Ranch Chicken and Cheese Quesadilla</b>	Rotini Pasta with Meat Sauce or Plain Pasta, Broccoli Garlic Bread	<b>Boca Lead/ lunch down</b> Hamburger, Cheeseburger Chips, Raw Vegetables	Cheese or Pepperoni <b>Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal, Raw Veggies</b>
<b>February 13<sup>th</sup> - 17<sup>th</sup></b>	Pasta with Alfredo Sauce with <b>Chicken Meatballs, or Veggie Meatballs</b> , Plain Pasta, Peas and Carrots, Dinner Roll	Crispy Chicken Filet Sandwich, Tater Tots, Carrots	<b>NEW: Chicken Cutlet</b> with Penne Pasta lightly seasoned with Olive Oil and Garlic, Or Plain Pasta Broccoli, Garlic Bread	Choice of Cheese or Pepperoni Pizza <b>Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal</b> Side Salad or Carrots	<b>No School</b>
<b>February 20<sup>th</sup> - 24<sup>th</sup></b>	<b>Presidents Day</b>	Hamburger, Cheeseburger, Veggie Burger, Let and tomato on side Tater Tots, Raw baby carrots and cherry tomatoes	Chopped Chicken Bowl With White Rice, Corn, Black Beans (Cheese & Salsa) <b>CHICKEN BOWL SALAD today</b>	Popcorn Chicken. Mashed Potatoes, Peas and Carrots <b>Popcorn Chicken Salad available today</b>	Choice of Cheese or Pepperoni Pizza <b>Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal</b> Side Salad or Carrots
<b>February 27<sup>th</sup>- March 3<sup>rd</sup></b>	Spaghetti with Marinara Sauce and Meatballs, or <b>Vegetarian Meatballs</b> , Plain Pasta, Carrots, Roll	Beef Tacos on Flour Tortillas, Steamed Yellow Rice Corn <b>Taco Salad today</b>	Grilled Cheese Sandwich,, Tomato Soup Order with Soup or <b>Chili</b> . Raw Carrots and Cucumber Coins	Chicken Tenders Macaroni and Cheese String Beans  "Ex Tender" meal for heartier appetites available.	Choice of Cheese or Pepperoni Pizza <b>Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal</b> Side Salad or Carrots

## Lunch Options:

**SunButter or SunButter and jelly Sandwiches (Safe for those with peanut and tree nut allergies)**

**Sub Sandwiches:** Choice of: Turkey, Turkey and Cheese, Ham, Ham and Cheese, or Cheese, served on a sub roll with lettuce.

**Chicken Caesar Wrap**

**Chicken Ranch Wrap:** with lettuce, chicken, cheddar and ranch.

**Turkey Bacon Wrap:** with lettuce and ranch

Sandwiches served with chips.

**Chicken Caesar Salad:** romaine, grated cheese, grilled sliced chicken, croutons and Caesar dressing on the side.

**Garden Salad:** romaine, grated carrot, tomato and cucumber. Grilled diced chicken or garbanzo beans on the side.

**Greek Salad:** romaine, cucumber, olives, tomato and feta. Diced chicken on side

Salads served with fruit and a drink.

**Veggie Burger:** Served with chips daily. On "burger day", served with same sides.

**Yogurt Lunch:** Yoplait yogurt, blueberry muffin, fresh fruit, raw veggies

Fresh whole fruit offered each day. Beverages served include: Low Fat Milk, Choc Milk, Water and 100% Apple Juice.

**Grades 2-8 only: After lunch snacks, cash only: Water, cookies, ice cream cones, bars and cups**

**Fresh baked Chocolate Chip Cookies available**