

BRCs Menu August 2022

Lunches may be ordered online up until midnight the day before at myschoolaccount.com \$5.50

Email before 8am to cancel a lunch for that day (no lunch orders accepted by email) brcsdaidonedining@gmail.com

	Monday	Tuesday	Wednesday	Thursday	Friday
August 8th - 12th		Welcome Back!	NEW: Pasta with Alfredo Sauce with Chicken Meatballs, or Veggie Meatballs, Plain Pasta, Peas and Carrots, Dinner Roll	Chicken & Cheese Quesadilla, Cheese Quesadilla, For MS: BBQ Ranch Chicken Cheese Quesadilla Steamed Rice, Corn	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
August 15th - 19th	Hamburger, Cheeseburger, Veggie Burger, Let and tomato on side Tater Tots, Corn	Chicken Parmesan with Spaghetti and Marinara Sauce or Plain Pasta, Broccoli Dinner Roll	Chicken Nuggets Tater Tots Roasted Ranch Carrots Honey mustard or ketchup	Beef Tacos on Flour Tortillas, Steamed Yellow Rice, Corn *EXTRA Taco Meal (3) For heartier appetites	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
August 22nd - 26th	Crispy Chicken Filet Sandwich, Lettuce available on side French Fries, Roasted Ranch Carrots	Rotini Pasta with Meat Sauce or Plain Pasta, Broccoli Garlic Bread	Grilled Cheese Sandwich,, Tomato Soup NEW: Order with Soup or Chili. Raw Carrots and Cucumber slices	Chopped Chicken Bowl with White Rice, Corn, Black Beans (Cheese & Salsa)	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots
August 29th – September 2nd	Spaghetti with Marinara Sauce and Meatballs, or Vegetarian Meatballs, Plain Pasta, Carrots, Roll	Popcorn Chicken Mashed Potatoes, Gravy, Peas and Carrots	Beef Empanada Steamed White Rice, Caribbean Blend Vegetables *Extra Empanada Meal (2) available for heartier appetites	Orange Chicken (Orange Ginger Sauce on side), Steamed White Rice Asian Vegetables, Mini Spring Roll	Choice of Cheese or Pepperoni Pizza Pizza Day Meal (1 slice), Or Pizza Day TWO slices Meal Side Salad or Carrots

Students who arrive without a lunch ordered will be served a cheese sub lunch with drink, fruit and dessert. Your students account will be charged, please watch for activity in your child's account.

Lunch Options:

SunButter or SunButter and jelly Sandwiches (Safe for those with peanut and tree nut allergies)

Sub Sandwiches: Choice of: Turkey, Turkey and Cheese, Ham, Ham and Cheese, or Cheese, served on a sub roll with lettuce.

Chicken Caesar Wrap or Chicken Ranch Wrap: with lettuce, chicken, cheddar and ranch. Sandwiches served with chips.

Chicken Caesar Salad: romaine, grated cheese, grilled sliced chicken, croutons and Caesar dressing on the side.

Garden Salad: romaine, grated carrot, tomato and cucumber. Grilled diced chicken or garbanzo beans on the side.

New! Greek Salad: romaine, cucumber, olives, tomato and feta. Diced chicken on side

Salads served with fruit and a drink.

Veggie Burger: Served with chips daily. On "burger day", served with same sides.

NEW! Yogurt Lunch: Yoplait yogurt, blueberry muffin, fresh fruit, raw veggies

Fresh whole fruit offered each day. Beverages served include: Low Fat Milk, Choc Milk, Water and 100% Apple Juice.

After lunch snacks, cash only: Water, cookies, ice cream cones, bars and cups

Fresh baked Chocolate Chip Cookies available; K-1st grade: 1 small cookie \$.50

Grades 2 -12: Regular size cookie \$1.00

Due to ongoing nationwide shortages and delivery issues, we may need to substitute an item or change an entire menu. Thank you for understanding.